# Facilitating Together - the art of co-delivering Insiders' Guide



# Facilitating Together is for parent-practitioner duos interested in learning how to co-facilitate the course.

### Why Co-Facilitate?

- To model the capacity to work co-operatively and collaboratively to a common goal
- Enable practitioners and parent carers to offer their own unique and different insights and skills to the problems raised in the group
- · Lend a particular authenticity and credibility to the course
- Parent facilitators often share similar experiences to those parents attending the course and have the potential to break down barriers, reaching other parents who may not engage easily with services or would otherwise be anxious about attending.

## Learning aims:

- · Share perspectives and prepare facilitators for working together
- Increase awareness of how to create safe group learning environments
- Identify key principles of group work and involve parents in their own learning
- Familiarize facilitators with course materials and practice delivery.

# You will need to:

- Be eager to support and strengthen parent resilience, skill and well being
- · Have a passion and interest in working with groups of parent carers in participatory ways
- Identify a maximum of 8 duos (16 individuals) to attend the workshop
- Intend to organise and deliver an Insiders' Guide course to consolidate the training.

#### What does it cost?

- Facilitating Together is usually delivered over three or four school days, but can be reduced if longer days are an option for attendees
- Co-delivered by the authors of the course, Kim Aumann and Carrie Britton, Facilitating Together is modified to suit your needs and usually takes place in your own locality
- Costs range between £3,500 £5,500 including all preparation, travel, accommodation, materials.

"The excellent design of the course material and structure made it easy to see how to use it. The discussions around co-presenting were very useful. Excellent teachers to facilitate and guide us."

"I found the whole training course helpful - the structure, the flow and materials." "The facilitators were both individual and excellent.
This has not been an easy or passive course but that has made you feel the three days was worthwhile."

### **Contact US**

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- Background to Insiders' Guide