

Wellbeing and Resilience - how can it help us all to flourish?



22nd January 2012

Questions, questions

How does resilience play out within communities

How do local institutions influence communities to be resilient in the face of adversity?

If we can understand and quantify this, can this improve targeting of scarce public resources in future?

Our emphasis

Move away from individualised approach to social supports and infrastructure

Literature focuses on survival resilience not transformational resilience

Policy looks at sudden shocks

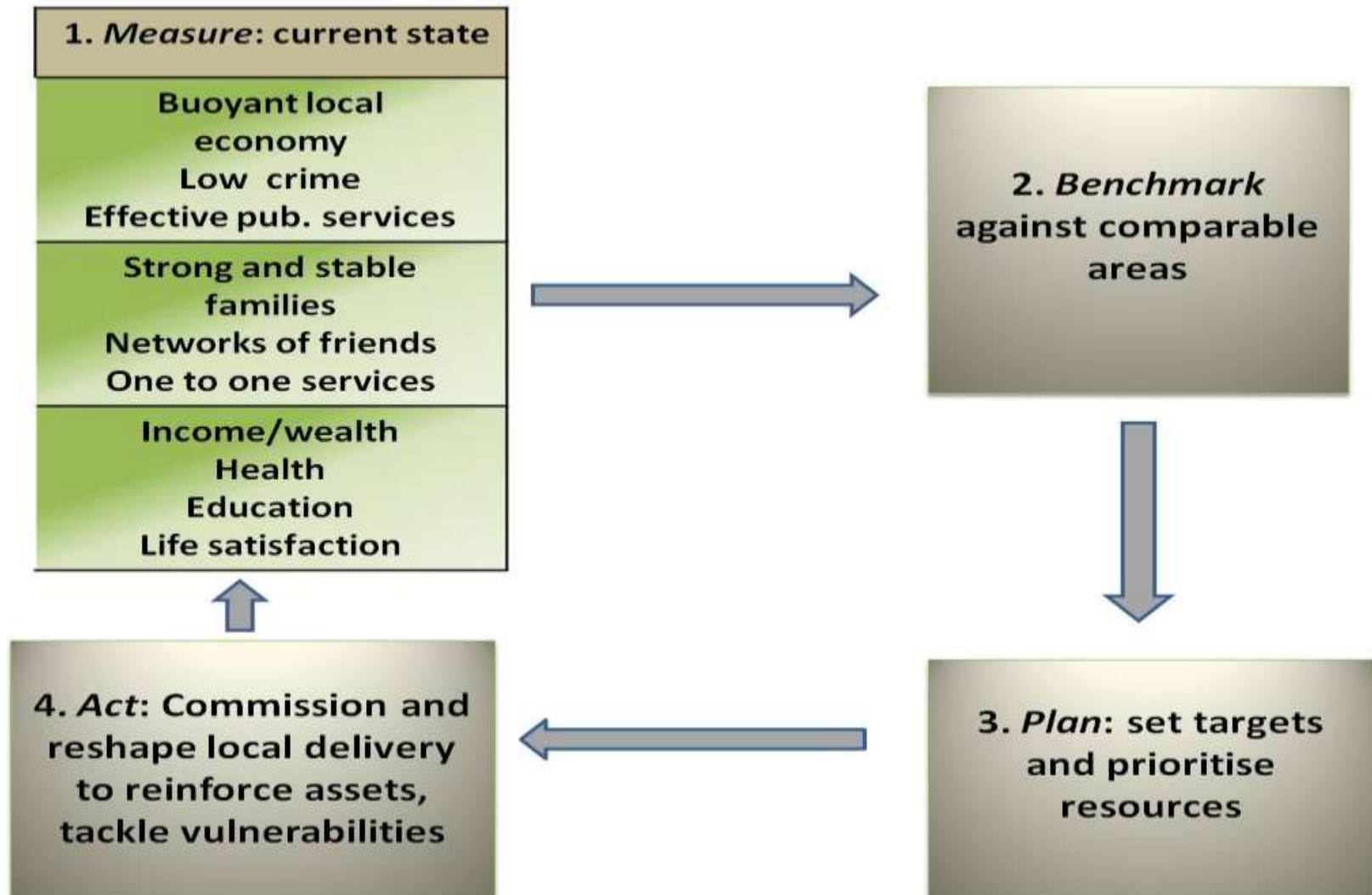
Emphasis on need to be resilient to gradual change (economic change, demographic changes)

Why measure resilience

- *add insights and produce a picture*
- *identify interventions to increase individual and/or community resilience*
- *track impact of interventions and set realistic limitations*



1. Measure: current state	
Systems and structures	<p>Buoyant local economy Low crime Effective pub. services</p>
Supports	<p>Strong and stable families Networks of friends One to one services</p>
Self	<p>Income/wealth Health Education Life satisfaction</p>



Testing the model at a local level

1. Sketch of output areas in ward

2. Capture 'usual' local area profile for the areas within the ward
-real local data from national data sources

3. Map against wellbeing and resilience framework

4. Apply benchmark based on Understanding Society analysis and the expectations it would generate for areas



For more information...

Chris Jones (Director, Resilience)

chris.jones@youngfoundation.org

Nina Mguni (Senior Associate, Wellbeing and Resilience)

nina.mguni@youngfoundation.org

Or visit the Young Foundation website

www.youngfoundation.org