

The Training



- Model not 'tell' approach.
- Different style to a lesson- non didactic
- Roll with resistance and change what we can
- Normal for things to go wrong

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The Books



Year 6



Year 7



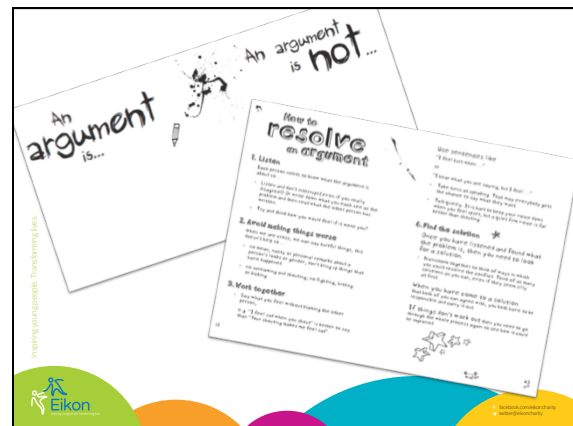
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Would you rather?

- Would you rather be a giant hamster or a tiny rhino?
- Would you rather be able to stop time or fly?
- Would you rather be hairy all over or completely bald?
- Would you rather be invisible or be able to read minds?
- Would you rather give up your computer or your pet?
- Would you rather only be able to whisper or only be able to shout?
- Would you rather live without music or live without TV?

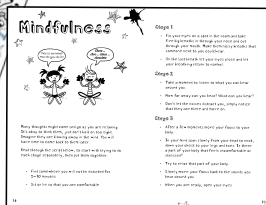
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Take a look



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How does this impact resilience?



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How's it gone?

- Primary vs Secondary Schools
 - Timetables
 - Size
 - Staff availability
- Teacher/non-teaching staff
- Feedback

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Feedback

"Smart Moves is a comprehensive programme designed to build children's resilience towards a variety of life situations, but particularly lending itself to dealing with issues involved when transitioning between primary and secondary school... The programme includes detailed lesson plans and a child-friendly workbook. By the end, children were more independently discussing resilience and I feel that they were well equipped with strategies for dealing with problems and coping with change"

Hayley Brett, Connaught School

"The books are really good, laid back and relaxed as well as things to read, I think it works really well and helps people to think about problems."

Abby, Student

"having a common but simple new language to use is really helpful. We all know what we're talking about when we say 'what is the Smart Move here?'"

Teacher, Ravenscote

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What next?

- Train the trainer programme
 - Quality system
- Interest from/regarding
 - Infant Schools
 - Junior Schools whole school training
 - Young carers
 - Looked after children
 - Service children
 - Training for school nurses
 - Possible Young Carer link
 - Meeting with Hope/Extended Hope service to see if/how materials might be used
- Special Schools (SEN) reviewing applicability with Carwarden House Schools
- PICU interested in us delivering to patients

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Discussion and feedback

- Materials
- Where should we develop this next?

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How to get the programme

- We're figuring that out
 - Train the trainer
 - Funding
 - Printing of books
- Our intention is to make it as widely available as possible for as little/no cost as possible
- If you're interested, please email us

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Contact Us

Thank you for all the interest and discussions. Please do contact us so that we can follow-up our conversations with you.

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