



A Consortium led by  
**YOUNGMINDS**  
Funded by  
**Department for Education**



BOND c/o YOUNGMINDS, Suite 11, Baden Place, Crosby Row, London SE1 1YW  
T: 020 7089 5050 F: 020 7407 8887 E: bond@youngminds.org.uk  
[www.youngminds.org.uk/bond](http://www.youngminds.org.uk/bond)

## BOND Commissioning Support products - log of resources

### What is this resource?

This document provides a comprehensive log of resources that are available online to support the commissioning of services to improve children and young people’s emotional health, behaviour and wellbeing. The name of the resource is given, along with a URL of where to find it online, target audience and a brief description of what the resource is about.

### Who is this resource for?

This resource will be useful for experienced commissioners, and those less experienced in commissioning/procuring services for emotional and behavioural difficulties. It is also targeted at the voluntary and community sector, with a number of resources suggesting ways in which organisations can strengthen their relationships with traditional commissioners and schools.

### Definition of categories

<b>Guidance</b>	Provides a steer, often based on research evidence or government policy on how best to commission or provide services.
<b>Tool</b>	Provides practical activities or suggestions about how to go about a task or series of tasks.
<b>Report</b>	Written summary of research, or a project, or practice to note.
<b>Website</b>	Relevant site which contains useful information, resources, reports
<b>Practice to note</b>	Sets out examples of practice that may be of interest to others providing or commissioning services
<b>Training course</b>	Learning and development opportunities to support good commissioning practice
<b>Directory</b>	A list of summary of resources or organisations that can be accessed to provide further support

### Target audience

<b>Schools</b> – state maintained, academy, free, independent	<b>SEND</b> – primarily special educational needs and disabilities
<b>Commissioner</b> – NHS i.e. PCT, HWBB, local authority	<b>All groups</b> - all working with/for children and young people
<b>VCS</b> - Voluntary and community sector	

What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
<p><b>Resilience and results.</b> How to improve the emotional and mental wellbeing of children and young people in your school</p>	Report, tool, practice to note	Schools, commissioners, VCS	<p>2012</p> <p><a href="http://www.cypmhc.org.uk/resources/leading_children_and_young_peoples_charities_offer/">http://www.cypmhc.org.uk/resources/leading_children_and_young_peoples_charities_offer/</a></p>	<p>Very useful resource for schools produced by the Children and Young People's Mental Health Coalition. Makes a persuasive case for supporting children and young people to improve emotional and mental wellbeing. Sets out academic and cost effectiveness arguments. Provides lots of case studies of whole school approaches and ideas of how to commission outside agencies effectively.</p>
<p><b>ChiMat</b> <b>The national Child and Maternal Health Observatory</b></p>	Website	All groups	<p><a href="http://www.chimat.org.uk/camhs">http://www.chimat.org.uk/camhs</a></p>	<p>Website provides a wide range of resources on all child health and maternity related matters including a broad mental health section. Huge bank of resources – quite dense in range of content, some can be out of date. Very useful as a first port of call for practical tools, reports, workforce, commissioning and more. A number of the most useful resources are listed below.</p>
<p><b>Child health profiles</b></p>	Website	All groups	<p><a href="http://atlas.chimat.org.uk/IAS/dataviews/report?reportId=201&amp;viewId=162&amp;geoReportId=1727&amp;geold=4&amp;geoSubsetId=">http://atlas.chimat.org.uk/IAS/dataviews/report?reportId=201&amp;viewId=162&amp;geoReportId=1727&amp;geold=4&amp;geoSubsetId=</a></p>	<p>Child health profiles provide a wealth of data on child health, including emotional health and wellbeing. Profiles can be broken down by local authority area and will be helpful to provide baselines, determine priorities and measure improvements in outcomes.</p>

What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
<b>Needs assessment reports</b>	Website	All groups	<a href="http://atlas.chimat.org.uk/IAS/profiles/needsassessments">http://atlas.chimat.org.uk/IAS/profiles/needsassessments</a>	Needs Assessment Reports provide appropriate evidence-based information on prevalence, incidence and risk factors affecting children's health and the provision of healthcare services. Will assist commissioners and providers of services to build up a population profile.
<b>Better mental health outcomes for children and young people: a resource directory for commissioners</b>	Directory Guidance	All groups	<b>NCSS 2011</b> <a href="http://www.chimat.org.uk/camhs/commissioning">http://www.chimat.org.uk/camhs/commissioning</a>	Providing links to over 250 resources, this easy to navigate directory is organised into eight sections: <ul style="list-style-type: none"> <li>• Children and young people's mental health and mental health needs</li> <li>• Statutory and policy framework</li> <li>• General commissioning advice and guidance</li> <li>• Planning and developing the workforce</li> <li>• Delivering services: prevention and early intervention</li> <li>• Delivering services: targeted and specialist services</li> <li>• Participation: no decision about me without me</li> <li>• Quality, outcomes and evidence</li> </ul>
<b>CHIMAT Preview planning resources</b>	Website , tool	All groups	<a href="http://www.chimat.org.uk/preview">http://www.chimat.org.uk/preview</a>	Set of planning resources to help commissioners, managers and professionals to target preventive resources, in particular around the Healthy Child Programme (for 0-5s and their families), where they are most needed. PREview is based on evidence identifying the factors in pregnancy and infancy that are associated with outcomes for children at five years.

What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
<b>Using CHIMAT to improve commissioning for special educational needs (SEN) services</b>	Tool	SEND, commissioners	<a href="http://www.chimat.org.uk/usingchimat">http://www.chimat.org.uk/usingchimat</a>  (production date not available)	Useful guide to using CHIMAT to support the commissioning cycle relating specifically to special educational needs.
<b>Using CHIMAT to improve commissioning for child and maternal health services</b>	Tool	Commissioner's	<a href="http://www.chimat.org.uk/usingchimat">http://www.chimat.org.uk/usingchimat</a>  (production date not available)	Useful guide to using CHIMAT to support the commissioning cycle for child and maternal health services.
<b>Making Sense of Mental Health (National Association of Independent Schools and Non-Maintained Special Schools, NASS)</b>	Training	SEND Schools (Independent Schools and Non-Maintained Special Schools)	<a href="http://nbsbitesize.northampton.ac.uk/nass/">http://nbsbitesize.northampton.ac.uk/nass/</a>	Training in modules has been developed to support staff working in special needs schools to understand the mental health of children and young people with complex needs.
<b>Making Sense of Mental Health. The emotional wellbeing of children and young people with complex needs in schools</b>	Report, Tool	SEND, schools, commissioner	2007  <a href="http://www.nassschools.org.uk/files/Making%20Sense%20of%20Mental%20Health.pdf">http://www.nassschools.org.uk/files/Making%20Sense%20of%20Mental%20Health.pdf</a>	Report of research into the extent of mental health difficulties among children with disabilities. Contains useful checklists for policy and practice targeted at schools and commissioning organisations.
<b>Introducing the "Family Friendly Framework"</b> A whole systems approach to improve the planning and commissioning of services for children and families. Discussion document for consultation	Report	Schools, commissioner, VCS	2012  <a href="http://www.bacch.org.uk/index.php">http://www.bacch.org.uk/index.php</a>	Report promoting family focused, pathway based integrated delivery of services for children and young people. Useful theory for both providers and commissioners of services. Accessible for experts and those who are newcomers to this area but require a theoretical context.

What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
<b>Accessing Therapies Guidance Note for Schools on commissioning therapeutic support from non-statutory Services</b>	Guidance	School, SEND	2011 <a href="http://www.learning-trust.co.uk/search/results_new_search.aspx?q=commissioning+the+rapies&amp;sa=Search&amp;cx=013562466448307984463%3Av46zdf7s5w4&amp;cof=FORID%3A11">http://www.learning-trust.co.uk/search/results_new_search.aspx?q=commissioning+the+rapies&amp;sa=Search&amp;cx=013562466448307984463%3Av46zdf7s5w4&amp;cof=FORID%3A11</a>	Guidance for school staff who may be considering commissioning therapeutic help from non statutory services (i.e. non NHS) for children and their families either from an individual or an organisation. Developed by the Learning Trust who are responsible for the education service in the London borough of Hackney.
<b>Commissioning Support Unit</b>	Website	All groups	<a href="http://www.commissioningsupport.org.uk/about-our-programme/our-programme.html">http://www.commissioningsupport.org.uk/about-our-programme/our-programme.html</a>	Useful website with resources and training to support the commissioning process. Some of the most relevant are listed below.
<b>Good commissioning: principles and practice</b>	Guidance, Tool	All groups	2010 <a href="http://www.commissioningsupport.org.uk/idoc1446.pdf?...1">http://www.commissioningsupport.org.uk/idoc1446.pdf?...1</a>	Accessible paper introducing the essential characteristics of good commissioning in children's services. Useful as a reminder for those with experience of commissioning, as well as those who are taking on commissioning of services for the first time. Some of structures may be out of date but the principles remain the same.
<b>The A-Z of Commissioning</b>	Website, training course	All groups	<a href="http://www.commissioningsupport.org.uk/events--training/csp-events--training/development-programme.html">http://www.commissioningsupport.org.uk/events--training/csp-events--training/development-programme.html</a>	A suite of training materials designed to help all stakeholders in children's services better understand commissioning. The training is linked to Good Commissioning Principles and Practice (see above).

What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
<b>Commissioning for outcomes and efficiency. Improving children's emotional wellbeing and mental health services</b>	Report. Includes examples of Practice to Note.	All groups	2010 <a href="http://www.commissioningsupport.org.uk/doc1446.pdf?...1">http://www.commissioningsupport.org.uk/doc1446.pdf?...1</a>	Accessible paper introducing the essential characteristics of good commissioning in children's services. Useful as a reminder for those with experience of commissioning, as well as those who are taking on commissioning of services for the first time. Some of structures may be out of date but the principles remain the same.
<b>Notes on commissioning. The commissioning support unit. Commissioning for schools</b>	Report	Schools, commissioners	2010 <a href="http://www.commissioningsupport.org.uk/the-commissioners-kitbag/notes-on-commissioning.html">http://www.commissioningsupport.org.uk/the-commissioners-kitbag/notes-on-commissioning.html</a>	Short note explaining shifting commissioning landscape and differences between commissioning and procurement. Suggests a number of key actions for schools to take as they embrace the commissioning role.
<b>Commissioning and the Big Society: the role of the community sector</b>	Report with Practice to Note	Commissioners, schools, VCS	2010 <a href="http://www.commissioningsupport.org.uk/the-commissioners-kitbag/in-depth-publications.html">http://www.commissioningsupport.org.uk/the-commissioners-kitbag/in-depth-publications.html</a>	Practical document written for those likely to be involved in commissioning services from the voluntary sector (schools or commissioners). Explores good practice in commissioning community sector organisations. Includes some case studies and a list of "do's and don'ts".
<b>Commissioning and the community sector</b>	Report with Practice to Note	VCS	2010 <a href="http://www.commissioningsupport.org.uk/the-commissioners-kitbag/in-depth-publications.html">http://www.commissioningsupport.org.uk/the-commissioners-kitbag/in-depth-publications.html</a>	Practical document aimed at community organisations to help them understand what commissioning is and how they can become "commissioning ready". Includes some case studies.

What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
<b>Outcomes and efficiency: an introduction to system transformation for local government</b>	Report	Commissioners	2010 <a href="http://www.commissioningsupport.org.uk/the-commissioners-kit-bag/notes-on-commissioning.html">http://www.commissioningsupport.org.uk/the-commissioners-kit-bag/notes-on-commissioning.html</a>	Introducing outcomes and efficiency model of commissioning. The model is based on learning from leading commissioners, directors and chief executives who are transforming their local systems to make savings and improve outcomes for local communities
<b>Involving children and young people in commissioning early intervention and prevention services (Newcastle)</b>	Report with Practice to note	Schools, commissioners	<a href="http://www.commissioningsupport.org.uk/resource-bank/childrens-trusts235c.html?page=7">http://www.commissioningsupport.org.uk/resource-bank/childrens-trusts235c.html?page=7</a>	This case study describes how groups and organisations worked with children across Newcastle to seek successful projects to commission. The focus was on dissuading children from entering the criminal justice system, preventing them from developing low self esteem and tackling poor school attendance.
<b>Purchasing/commissioning toolkit for all Hertfordshire county council maintained schools</b>	Tool	Schools, commissioners, VCS	2011 <a href="http://www.thegrid.org.uk/info/office/commissioning/index.shtml#toolkit">http://www.thegrid.org.uk/info/office/commissioning/index.shtml#toolkit</a>	Written for Hertfordshire schools but will be relevant for all schools, those who advise schools on commissioning and those who would like to be commissioned
<b>Joint planning and commissioning framework for children, young people and maternity services</b>	Guidance, tool	Commissioners	2006 <a href="http://www.education.gov.uk/publications/standard/publication-Detail/Page1/ECM-JOINT-FRAMEWORK">http://www.education.gov.uk/publications/standard/publication-Detail/Page1/ECM-JOINT-FRAMEWORK</a>	This document was developed by the previous government to support joint planning and commissioning under the Every Child Matters framework. It has been archived on the Department for Education website but is still available for download and the principles of joint commissioning remain useful and valid.

What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
Outcomes Star	Tool	All groups	<a href="http://www.outcomes-star.org.uk">http://www.outcomes-star.org.uk</a>	A tool for supporting and measuring change with service users. There are 15 versions, including wellbeing, youth, teen, shooting (for secondary schools). Can be used by providers and commissioners to measure and demonstrate improved outcomes.
<b>Making it Personal: How to commission for personalisation – guidance for commissioners and others in children’s services</b>	Guidance	All groups	2012 <a href="http://www.opm.co.uk/resources/making-it-personal-how-to-commission-for-personalisation-guidance-for-commissioners-and-others-in-childrens-services/">http://www.opm.co.uk/resources/making-it-personal-how-to-commission-for-personalisation-guidance-for-commissioners-and-others-in-childrens-services/</a>	This guidance will be of particular interest to those looking to improve outcomes through personalisation and personal budgets, as well as those concerned about the future of specialist services for particular groups of children and young people.
<b>User voice not legal challenge: how to build engagement into the commissioning process</b>	Website	Commissioners	<a href="http://www.opm.co.uk/user-voice-not-legal-challenge-how-to-build-engagement-into-the-commissioning-process/">http://www.opm.co.uk/user-voice-not-legal-challenge-how-to-build-engagement-into-the-commissioning-process/</a>	Blogpost on Office for Public Management website suggesting five key ways that user involvement can be built into the commissioning process.
<b>Children and young people’s health outcomes forum report and factsheets</b>	Report and tool	All groups	2012 <a href="http://www.dh.gov.uk/health/2012/07/cyp-report/">http://www.dh.gov.uk/health/2012/07/cyp-report/</a>	Report of independent forum appointed by Secretary of State for Health. Includes series of factsheets, including one targeted at school governors and another which sets out commissioning responsibilities in the new NHS.



What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
<b>NHS Institute for Innovation and Improvement free learning and development</b>	Training	Commissioners	<a href="http://www.institute.nhs.uk/commissioning/general/commissioning_home.html">http://www.institute.nhs.uk/commissioning/general/commissioning_home.html</a>	Access to free training on commissioning including use of data and patient and public involvement. NB: May not be available after 31st March 2013.
<b>Healthy Schools Toolkit</b>	Resource, tool	Schools	<a href="http://www.education.gov.uk/schools/pupilsupport/pastoralcare/a0075278/healthy-schools">http://www.education.gov.uk/schools/pupilsupport/pastoralcare/a0075278/healthy-schools</a>	Supports schools to offer a practical, 'plan-do-review' approach to improving health and wellbeing in children and young people. Web-link also contains a note on considerations for special schools of using the healthy schools toolkit.
<b>Young Minds publications</b>	Website	Schools, VCS	<a href="http://www.dawson-marketing.co.uk/youngminds/shop/catlist.asp">http://www.dawson-marketing.co.uk/youngminds/shop/catlist.asp</a>	Provides access to Young Minds' publication list on a range of mental health and wellbeing subjects, plus participation and stigma.
<b>Getting Your Advice Service Ready for Commissioning</b>	Guidance, tool	Schools, VCS	2008 <a href="http://youthaccess.org.uk/resources/commissioning/">http://youthaccess.org.uk/resources/commissioning/</a>	A briefing written for youth counselling services setting out what they need to think about in order to put themselves in a better position to thrive under commissioning arrangements.
<b>Commissioning Counselling Services for Young People: A Guide for Commissioners.</b>	Guidance, tool	Commissioners	2007 <a href="http://youthaccess.org.uk/resources/commissioning/">http://youthaccess.org.uk/resources/commissioning/</a>	Aimed at assisting commissioners with how to commission counselling services for young people.
<b>Supporting young people's mental health. Eight points for action.</b>	Report	All groups	2007 <a href="http://www.mental-health.org.uk/publications/supporting-young-people/">http://www.mental-health.org.uk/publications/supporting-young-people/</a>	Outlines key areas for the development of support for young people and their mental health, focusing in particular on adolescence and young adulthood (the 11-25 age range). Based on research with key actions for providers and commissioners of services, including schools.

What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
<b>A return to ancient truths - tips for commissioners on providing services for young people through consortia of local voluntary organisations</b>	Report	Commissioners , VCS	2012 <a href="http://www.fpmon-line.co.uk/">http://www.fpmon-line.co.uk/</a>	Aimed at officers in local authorities to encourage the strengthening of relationships with the voluntary and community sector, and with service users – in this case young people.
<b>Mental Health Foundation</b>	Website	All groups	<a href="http://www.mental-health.org.uk/about-us/">http://www.mental-health.org.uk/about-us/</a>	Website providing access to statistics, information and publications about mental health and wellbeing.
<b>CAMHS outcomes research consortium</b>	Website	All groups	<a href="http://www.corc.uk.net/">http://www.corc.uk.net/</a>	Website offering access to free training and resources to support practitioners (including teachers) to improve quality through measuring outcomes of work to improve mental health and wellbeing.
<b>Centre for mental health</b>	Website	All groups	<a href="http://www.centrefor-mentalhealth.org.uk/children/index.aspx">http://www.centrefor-mentalhealth.org.uk/children/index.aspx</a>	Link will take you to the children's section of this website. The Centre for mental health is currently undertaking research to find out what makes an effective early intervention programme (due to report in 2013).
<b>Enjoy, Achieve and Be Healthy: The mental health of Black and minority ethnic children and young people'</b>	Report	All groups	<a href="http://www.afiya-trust.org/images/stories/reports/afiya_young_people_report.pdf">http://www.afiya-trust.org/images/stories/reports/afiya_young_people_report.pdf</a>	Report produced as a result of policy overview and consultation for 11-25 year olds. The consultation found that BME young people are overlooked in the planning and provision of services to address their mental health needs.
<b>NAVCA</b>	Website	VCS	<a href="http://www.navca.org.uk/funding-grants-commissioning-publications">http://www.navca.org.uk/funding-grants-commissioning-publications</a>	List of resources for voluntary and community sector organisations to access to support them with understanding the commissioning process

What is the resource or website called?	Category	Who is the resource for?	Date published (if applicable) and URL for download	What is the resource about?
<b>Find a parenting intervention – Department of Education site</b>	Website	All groups	<a href="http://education.gov.uk/commissioning-toolkit/Programme/Commissioners-Search">http://education.gov.uk/commissioning-toolkit/Programme/Commissioners-Search</a>	List of parenting programmes that have been evaluated by an independent team of researchers from the National Academy of Parenting Research at King's College London.
<b>Royal College of Psychiatrists information about mental illnesses</b>	Website	All groups	<a href="http://www.rcpsych.ac.uk/expertadvice/keyfacts.aspx">http://www.rcpsych.ac.uk/expertadvice/keyfacts.aspx</a>	Link to easy to read and understand leaflet about common mental health problems (such as anxiety, panic and phobia) or issues (cannabis and mental health).
<b>Choosing what's Best for You - What scientists have found helps children and young people who are sad, worried or troubled</b>	Website	All groups	<a href="http://www.choosing.org.uk">http://www.choosing.org.uk</a> Information drawn from 2006 evidence review	User friendly site aimed directly at informing young people about emotional and behavioural difficulties and what helps – based on a review of evidence in 2006.
<b>Foundation for People with Learning Disabilities</b>	Website	All groups	<a href="http://www.learning-disabilities.org.uk/help-information/information-for-">http://www.learning-disabilities.org.uk/help-information/information-for-</a>	Link will take you to the children's section of this website. The Centre for mental health is currently undertaking research to find out what makes an effective early intervention programme (due to report in 2013).
<b>Enjoy, Achieve and Be Healthy: The mental health of Black and minority ethnic children and young people'</b>	Report	All groups	<a href="http://www.afiya-trust.org/images/stories/reports/afiya_young_people_report.pdf">http://www.afiya-trust.org/images/stories/reports/afiya_young_people_report.pdf</a>	Website includes material and resources for teachers covering a range of topics all connected to mental health/emotional well being, such as isolation and inclusion, and transition to adulthood.