

Ordinary Magic: Resilience building through belonging and mastery





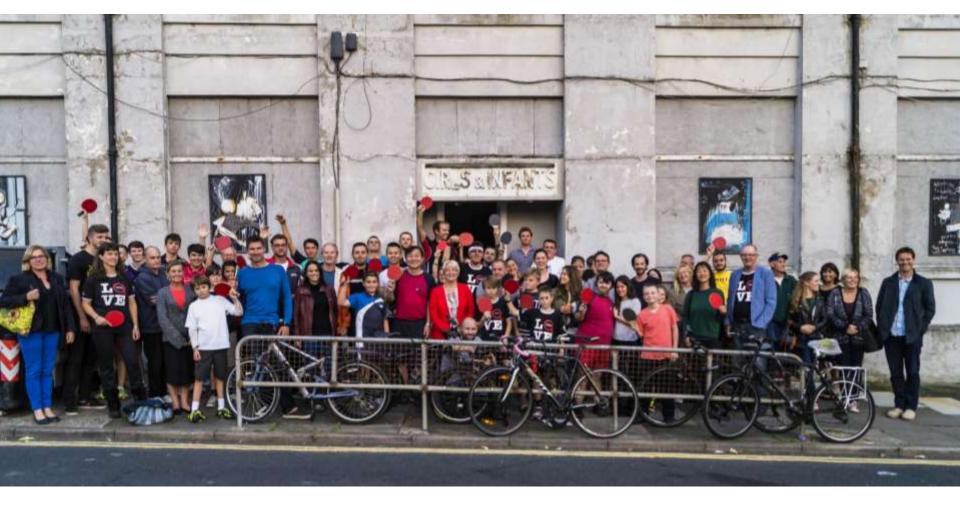




Ordinary Magic: Resilience building through belonging and mastery

Tim Holtam & Harry Fairchild 27th March 2019





Community Respect Solidarity Competition



Community







Respect



Solidarity

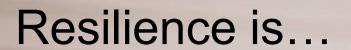




brighton Table Tennis Club

Competition

What does resilience mean in the context of belonging and mastery?



Better than expected outcomes – in a context of adversity-two crucial ingredients!



Harry's contribution to the BTTC -



How does giving a sense of belonging and an opportunity for people to make a positive contribution, build resilience in a community development context?

The more one is allowed to make a positive contribution, the deeper the sense of belonging.

A virtuous circle.

Origins of BTTC - London Progress

https://www.youtube.com/watch?v=sY2exIt47oQ



Long term impact and Life Achievements

- Players at London Progress went on (against the odds) to become Doctors, teachers, lawyers.

- "A school should be judged not on its GCSE results but on what its students are doing aged 24." Liz Fletcher, Head Teacher Patcham High 1997-2007

Some definitions of resilience

'Resilience does not constitute an individual trait or characteristic... resilience involves a range of processes that bring together quite diverse mechanisms...' (Rutter 1999: 135)

Ordinary Magic (Masten, 2001)

Our definitions...

- Hart, Blincow and Thomas (2007, p10) "...resilience is evident where people with persistently few assets and resources, and major vulnerabilities...have better outcomes than we might expect given their circumstances, and in comparison to what we know happens with other children in their contexts".
- Hart and Gagnon (2014) "Resilience is overcoming adversity, whilst also potentially subtly altering, or even dramatically transforming, (aspects of) that adversity".
- Hart and Gagnon (2014) "Beating the odds whilst also changing the odds".

Resilience factors – 4 waves

Individual attributes: e.g. good looks, good nature, intelligence

Family relationships: e.g. good parenting, good relationships with brothers and sisters

Social and community factors: e.g. good schooling, decent friends, meaningful hobbies

Processes and mechanisms

Recap: Why do some YP do better than others?

- Intelligence
- Good looks
- Good education
- Ability to problem solve
- Decent standard of living
- Love and sense of belonging
- Having had good parenting

But also...

- Opportunities to contribute
- One good adult role model, preferably over time
- Sense of purpose extra curricular activities
- Realising or setting up a talent/healthy interest
- Sense of self efficacy
- Reflective self-functioning
- A life story that makes sense

Believe That

Amine



https://vimeo.com/303714509

Amine. Leave to Remain & contribute to his local Community at the BTTC.



Listening to some of our stories, where do you think the BTTC develops and contributes to the Resilience Framework?

	BASICS	BELONGING	LEARNING	COPING	CORE SELF
SPECIFIC APPROACHES	Good enough housing	Find somewhere for the child/YP to belong	Make school/college life work as well as possible	Understanding boundaries and keeping within them	Instil a sense of hope
		Help child/YP understand their place in the world			
	Enough money to live	Tap into good influences	Engage mentors for	Being brave	Support the child/YP to
	Being safe	Keep relationships going	children/YP	Solving problems	understand other people's feelings
	Access & transport	The more healthy relationships the better	Map out career or life plan	Putting on rose-tinted glasses	Help the child/YP to know her/himself
		Take what you can from relationships where there is some hope		Fostering their interests	
	Healthy diet	Get together people the child/YP can count on	Help the child/YP to organise her/himself	Calming down & self-	Help the child/YP take responsibility for her/himself
		Responsibilities & obligations		soothing	
	Exercise and fresh air	Focus on good times and places	Highlight achievements	Remember tomorrow is	Foster their talents
	Enough sleep	Make sense of where child/YP has come from		another day Lean on others when	
	Play & leisure	Predict a good experience of someone or something new	Develop life skills	necessary	There are tried and tested treatments for specific problems, use them
	Being free from prejudice & discrimination				
		Make friends and mix with other children/YPs		Have a laugh	
		NC	BLE TRUTHS		
ACCEPTING CONSERVING			COMMITMENT		ENLISTING



