



Resilience at Highfurlong

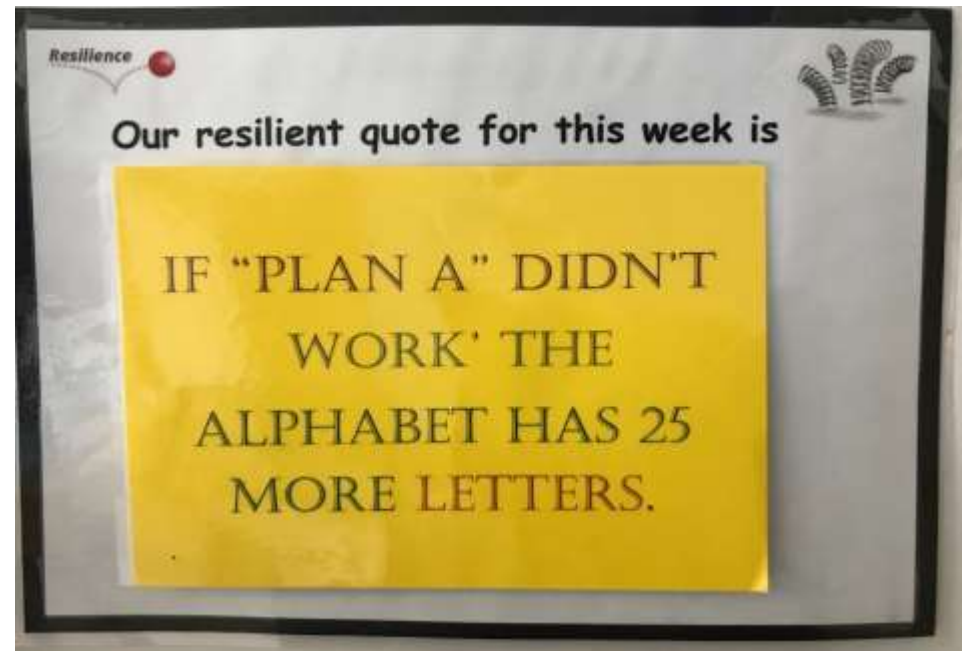
Presented by the Resilience Committee
29th November
2019

The Resilience Committee

- We are the 4th Resilience Committee .
- We used to meet with Nathan, now we meet with Sam and he supports our committee and helps us to understand how important resilience is.
- We check our action plan so we can continue to put our ideas to improve resilience in place.
- Our ideas are to help everyone in school be more resilient.

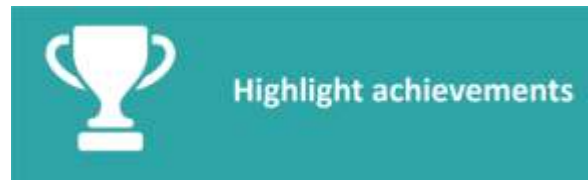
What have we done to make everyone more resilient?

- ❑ In Key Stage 5 we have a Resilient Quote of the Week which is displayed in the classrooms.
- ❑ We have a Joke of the Week. This is to make sure that we start the week off in a fun way!



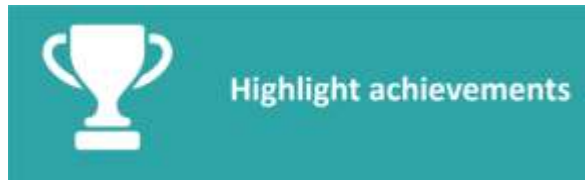
What have we done to make everyone more resilient?

- ❑ We introduced 'Pupil of the Month'. Pupils get to vote for someone in their class who they feel has done really well.
- ❑ We vote for pupils who have worked very hard, or been really kind, or looked after their friends. The pupil with the most votes gets a certificate and a rosette that they can wear for the month.
- ❑ Each class has a winner.



What have we done to make everyone more resilient?

- ❑ We have designed and made 'shout out' cards.
- ❑ Each class has cards that pupils can give to each other if they do something really nice.
- ❑ We even made some 'shout out' cards for staff to give to each other too!



Working with Young People

□ As a school we are proud to have co-produced a guide to working with young people .



What have we done to make everyone more resilient?

- Our Enterprise lessons have a focus on resilience.
- Our printing business has made framed prints, coasters, mugs, bags, aprons and postcards with resilience quotes on them.



What have we done to make everyone more resilient?

- ❑ Following a successful bid for funding we now have an Enterprise shop - The Gift Box where we sell our products.
- ❑ We do work on lots of Resilience Moves all our pupils will have customer service training.



The Gift Box was opened on 14th October 2019



Some of our favourite people attended!



The Bounce Forward Team

Have delivered sessions to five out of the eight classes at Highfurlong, this is what our pupils say

“I love Bounce Forward because it makes me feel strong and happy”

“I feel more able to cope with changes in my life”

“It’s really great fun”

The Bounce Forward staff are “BOUNCY!”

Resilience Moves



Being safe



Not being judged



Money to live



Find somewhere you feel like you belong



Find your place in the world



Get together with people you can rely on



Spend time with good people and in good places



Responsibilities & obligations.
For example: looking after your brother/sister or going to school



Focus on good times and places



Make friends and mix with other people

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Focus on good times and places



Make friends and mix with other people



Make school or college work as well as possible



Highlight achievements



Plan out your future



Organise yourself



Develop life skills



Solving problems



Focus on the good things in life. Put on your Positivity Glasses!



Lean on others when necessary



Have a laugh



Instil a sense of hope



Know and understand yourself



Take responsibility for yourself

The media!

- ❑ We have been on the Radio Wave website.
- ❑ Blackpool Gazette wrote a report about our work.
- ❑ We appeared on the That's Lancashire channel on TV.
- ❑ The opening of the Gift Box was well publicised on radio and in the press.

We were very proud to talk about all the work we have done.



Highlight achievements



Instil a sense of hope

What has been the impact of Resilience?

- Pupils are kinder
- We feel like we can cope with problems
- We can ask for help
- We have fun
- We are more confident
- We have our own voice
- Ready to take on challenges now and in the future

- ❑ On Friday 22nd November Highfurlong was named as the winner in the National Happiness Awards.
- ❑ We were highly commended in the Gazette Awards for Resilience Revolution.

Highfurlong are committed to

Beating the odds and changing the odds

Thank You!

