

The relationship between hope and resilience – 29 Sept 2021 – Online Resilience Forum

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29 September 2021



Topic The relationship between hope and resilience – Elaine Foster-Gandey, Alex Gurr, Evelyn Palmer and Abigail Horn

Date Wednesday 29 September 2021

Time 16:00 – 17:30

Location Online (please arrive in the online platform 5 minutes prior)

The Resilience Forum is for ANYBODY (with a pulse!) involved with or interested in resilience research

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Session Summary

The aims of our resilience forum, 'The relationship between hope and resilience' is to bring awareness of the exhibition called 'Hope' showing at Maidstone Museum on 18 September – 31 October 2021, sharing the process of making a giant dress sculpture woven with the words of hope by participants who are normally unseen in society – participants with mental health difficulties, visual impairment, elderly and school children. Sharing details of the workshops and including participant voices by live feedback or reading out the words participants have written in their feedback. We could also look to video participants and share some of this footage on the forum. All participants and

speakers will reflect on overcoming any personal difficulties during the process of this work. We will also share how the project came about, the ideas and inspiration at the core of the project and relate this to the theme of resilience.

The aim is to include as many participant voices as possible throughout the forum including the artists, assistants, Maidstone Museum staff who have had jobs cut due to the pandemic, participants on the workshops and the difficulties they have faced during this time and what impact the project has had on them.

Presenters

Elaine Foster-Gandey, Alex Gurr, Evelyn Palmer and Abigail Horn

Elaine Foster-Gandey has run art projects with organisations that have included Sussex Oakleaf, supporting people with mental health needs; Grace Eyre foundation, working with participants with learning disabilities and Viewcraft, a charity running weekly art and craft groups for visually and partially sighted people in Eastbourne & Wealden areas. As a facilitator, researcher and collaborator her interests lie in exploring creative and inclusive ideas around drawing, movement, sculpture, print, textiles and film.

Alex Gurr, exhibitions development officer at Maidstone Museum is responsible for contributing to the delivery of a high quality, customer focused service by project managing the museums' temporary exhibitions programme, touring exhibitions and café gallery. Also to support the Public Programming Manager in the logistics of permanent gallery redisplays.

Evelyn Palmer is the schools project manager at Maidstone Museum.

Abigail Horn is currently an associate artist for Theatre Royal Brighton and Tea Dance for Little People. She has 18 years' experience working with children and young people and is comfortable working with people whose behaviour can be challenging and those with speech & language difficulties. Her work is very theatrical, using installation and narrative as stimuli for participants to create their own work.

Who might be most interested

Academics, practitioners, researchers, students, carers, community workers, service users, people with lived experience of mental health problems, young people, adults, all ages.

Useful links

Elaine's work is inspired by the artist Lily Yeh who talks about making art in broken places. Elaine would like to share with you the following youtube video where Lily Yeh talks about her life and career:



Watch Video At: <https://youtu.be/xtVSce4gI4w>

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Access Information The forum will be held online on Microsoft Teams. Please arrive in the online platform 5 minutes prior. An email with instructions will be sent out the day before the event. We have chosen this platform as it appears to be more secure and transparent in its data practices than many others. Please see our [privacy statement](#) for more information about Microsoft Teams terms and conditions.

If you like what you see and you want more, More, MORE, why not [subscribe to our mailing list](#)? You'll receive our email newsletter with details of our upcoming Resilience Forums, training and other events, news and resources (most of which are free!), and any other products and services that might be of interest. This is a web-based service and it is very easy to subscribe, unsubscribe or update your email address at any time.

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Cover image courtesy of Maidstone Museum [‘Hope’ event page](#)



Previous Resilience Forums

You can find information about our previous Resilience Forums in Brighton, Blackpool, Hastings and online here. Many of our previous Resilience Forums and Centre meetings have slides you can download, blogs you can read, or short films you can watch.