

PLACES YOU CAN GET HELP AS A YOUNG PERSON IN BLACKPOOL

Crisis Contact numbers:



NHS 111 - Get medical help - NHS 111
Childline - 0800 1111, Childline | Childline
Mind - 0300 123 3393, Info@mind.org.uk
Mencap - 0808 808 1111, Learning Disability - Down's Syndrome - Williams syndrome | Mencap



Clubs:

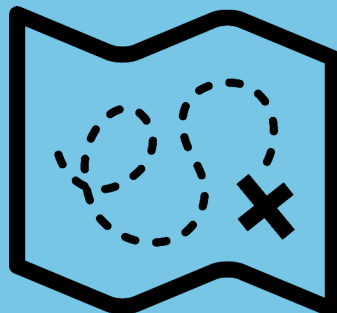
Health, social care, childcare and community directory for the Fylde Coast - FYi Directory

Youth activities Boat house youth, www.thebhy.co.uk
01253804904 About Us | The Boathouse Youth 170 Horsebridge Road

Blackpool Magic club, 07721074132 Blackpool Magicians Club |
Est. 1941 | The North West Magicians Club 56-60 Counce Street, Blackpool FY1 3LE

Blackpool Carers Centre, 01253 393748 Blackpool Carers Centre | One of the Top Blackpool Charities 147 Newton Drive, Blackpool FY3 8LZ

Blackpool Boys and girls club,
www.blackpoolboysandgirlsclub.co.uk 01253 312372,
Bowness Avenue, Blackpool, FY4 4TE



Places to go:

Youtherapy 01253 955858 11-25 years, Talbot Road Blackpool. Drop-in sessions on Wednesdays from 3-5:30 pm.

Websites, guides & resources:

ReMiT: Resilient Minds - Mental health toolkit for young people and toolkit for parents and carers - Boingboing

'All together now' - A co-pro toolkit.
www.boingboing.org.uk/all-together-now/
Ready, Set, Resilience link to website to add

Ready, Set, Resilience -
www.boingboing.org.uk/rsr

Young minds www.youngminds.org.uk

Kooth, www.kooth.com 10-18 years Home - Kooth Anna Freud On My Mind | Resources for Young People | Anna Freud Centre



Scan QR code for clickable links



Blackpool Council

RESILIENCE REVOLUTION

boingboing
resilience research and practice

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Citizen's Advice:
support for anything!

Job Centre:
Benefits support

Princes' Trust (16-30):
Support to find work
Work experience
Support to set up as self employed Confidence building courses

Adult Learning
Empowerment- advocacy
www.empowermentcharity.org.uk
333 Bispham Road, Bispham, Blackpool FY2 0HH
03003232100

Young Adder
www.bfcct.co.uk/programme/project-adder
01253 348691
Blackpool F.C
Community Trust
Blackpool F.C,
Seasiders Way,
Blackpool,
Lancashire,
FY1 6JJ

Changing Futures
<https://www.gov.uk/government/collections/changing-futures>

Blackpool Housing:

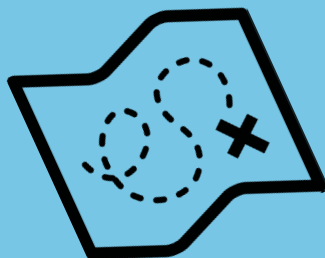
More Positive Together (16-65)
Positive Transitions (Finding work) Housing options

Street Life (16-24) www.wearestreetlife.org The Streetlife Trust – Shelter and support for young people in Blackpool, 48 Buchanan Street Blackpool FY1 3LQ, 01253 294477

Bridge Project- Salvation Army and Whitegate Drive: The Bridge Project Raikes Parade, Blackpool FY1 4EL, 01253299835

Blackpool Football Club Community Trust (16-24, 24-34): Home Page - BFCCT, Bloomfield Road Stadium Seasiders Way, Blackpool FY1 6JJ, 01253348691 Support for work

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Pandas- neurodiversity related support
<https://neurodiversity.com/pandas.html>

Motivate 2- Social Isolation
<https://empowermentcharity.org.uk/motivate2>

Elliot's Place- Support for men
<https://empowermentcharity.org.uk/elliots-place>

Blackpool and Fylde College:
Blackpool and The
Fylde College 01253 352352,
Ashfield Road, Bispham, Blackpool
Courses
Transition information
Learning support
Finance



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