



Crisis Contact numbers:

NHS 111 - Get medical help - NHS 111

Childline - 0800 1111, Childline | Childline

Mind - 0300 123 3393, Info@mind.org.uk

Mencap - 0808 808 1111, Learning Disability - Down's

Syndrome - Williams syndrome | Mencap



Clubs:

Health, social care, childcare and community directory for the Fylde Coast - FYi Directory

Youth activities Boat house youth, www.thebhy.co.uk 01253804904 About Us | The Boathouse Youth 170 Horsebridge Road

Blackpool Magic club, 07721074132 Blackpool Magicians Club |

Est. 1941 | The North West Magicians Club 56-60 Caunce Street, Blackpool FY1 3LE

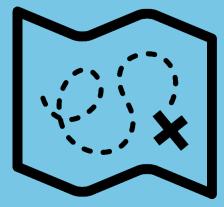
Blackpool Carers Centre, 01253 393748 Blackpool Carers Centre | One of the Top Blackpool Charities 147 Newton Drive, Blackpool FY3 8LZ

Blackpool Boys and girls club,

www.blackpoolboysandgirlsclub.co.uk 01253 312372, Bowness Avenue, Blackpool, FY4 4TE

Places to go:

Youtherapy 01253 955858 11-25 years, Talbot Road Blackpool. Drop- in sessions on Wednesdays from 3-5:30 pm.



Websites, guides & resources:

ReMiT: Resilient Minds - Mental health toolkit for young people and toolkit for parents and carers - Boingboing

'All together now' - A co-pro toolkit.
www.boingboing.org.uk/all-together-now/
Ready, Set, Resilience link to website to add

Ready, Set, Resilience - www.boingboing.org.uk/rsr

Young minds www.youngminds.org.uk

Kooth, www.kooth.com 10-18 years Home
- Kooth Anna Freud On My Mind |
Resources for Young People | Anna Freud
Centre











Citizen's Advice: support for anything!

Job Centre: Benefits support

Princes' Trust (16-30):

Support to find work Work experience Support to set up as self employed Confidence building courses

Adult Learning

Empowerment- advocacy www.empowermentcharity.org.uk 333 Bispham Road, Bispham, Blackpool FY2 OHH 03003232100

Young Adder

www.bfcct.co.uk/programme/project-adder

01253 348691 Blackpool F.C **Community Trust** Blackpool F.C, Seasiders Way, Blackpool, Lancashire, FY1 6JJ



Changing Futures

https://www.gov.uk/government/collections/ changing-futures

Blackpool Housing:

More Positive Together (16-65)

Positive Transitions (Finding work) Housing options

Street Life (16-24) www.wearestreetlife.org The Streetlife Trust – Shelter and support for young people in Blackpool, 48 Buchanan Street Blackpool FY1 3LQ, 01253 294477

Bridge Project- Salvation Army and Whitegate Drive: The Bridge Project Raikes Parade, Blackpool FY1 4EL, 01253299835

Blackpool Football Club Community Trust

(16-24, 24-34): Home Page - BFCCT, Bloomfield Road Stadium Seasiders Way, Blackpool FY1 6JJ, 01253348691 Support for work PESILIENCE R

Blackpool Council



Motivate 2- Social Isolation https://empowermentcharity.org.uk/motivate2

Elliot's Place- Support for men https://empowermentcharity.org.uk/elliots-

Blackpool and Fylde College:

place

Blackpool and The Fylde College 01253 352352, Ashfield Road, Bispham, Blackpool Courses **Transition information** Learning support **Finance**





