

Living online: The long term impact on wellbeing – Submission of evidence



Submission to The House of Lords COVID-19 Committee. Living online: the long-term impact on wellbeing – [Professor Angie Hart](#), [Mirika Flegg](#), [Dr Karina Rodriguez](#), [Alyssa O’Keefe](#), [Viktoria Erlacher](#), [Dr Suna Eryigit-Madzwamuse](#), and [Pauline Wigglesworth](#), [Sam Richardson](#), **[Rosie Gordon](#)**.

November 27 2020: In this submission to The House of Lords a bunch of us with different experiences shared our thoughts around how individuals and groups can better access online environments. We suggested the government may potentially help people access the digital world by improving 3 main things: **Digital inclusivity**, **accessibility** and, **data accountability**.

Digital Inclusivity:

We argued that improved **Digital inclusivity** is about making sure ‘everyone’ has access to technology and infrastructure (i.e. the tools they need to get online). When we talk about ‘everyone’ we are talking about people often not asked (like young people, charities and third-sector groups). Because people haven’t always had a voice, we recommended some new research be done to include those often left out. We talked about things like young people maybe having a phone, but maybe not having enough data. We suggested focusing on supporting those groups that are trying to help others so they have the tools

to do their jobs differently (i.e. online) if they need to. Young people said it was really important that we need to do more to stop bullying so that all people feel safe around others (in-person and online).

Digital Accessibility:

We said that it is really important that we design things in the digital world so that all sorts of different types of people can use them and participate. We highlighted that this isn't always done now, and gave some examples. We recommended a few changes in policy that may help. We also think it would help to raise awareness around why it is important to design things with the needs of diverse people in mind, like people with disabilities. We reminded the government that the UK has a history of doing this and it should be celebrated.

Data Accountability:

We talked about how it is important that everyone is told in advance about what data is being collected about them when they go online or use different tools. We think they should have a choice around what that data is used for. We said that the government should ask that this information be available to people in lots of different ways, because we all learn differently.

We asked the government to improve these areas and gave them some suggestions on how it could be done. We recommended some things be looked at this year because they are really important to make sure people can connect to one another.

You can read the full submission. You might think about sending our response to your local MP, who can then draw on it for their own lobbying purposes.



Supporting children and young people's mental health – A guide for schools

Supporting children and young people's mental health: A guide for schools using a resilience based approach, and Supporting children and young people's mental health during Covid-19 pandemic: A supplementary section.

[read more](#)



Reflections on a co-research project into civic activism – nothing about us without us!

In this blog the co-leaders of the Resilience Revolution's pilot in Blackpool share news about how things are going with the exciting new 'Nothing about us without us' project that a group of us including Boingboing, Brighton Uni and the Centre of Resilience for Social Justice (CRSJ) were lucky enough to win funding for in September 2020.

[read more](#)



Building organisational resilience with the Noble Truths during COVID-19

This blog by Mental Health Nursing Lecturer and PhD student Lucy Colwell describes how the social enterprise Eggtooth has used the Noble Truths of the Resilience Framework to guide their response to the pandemic context.

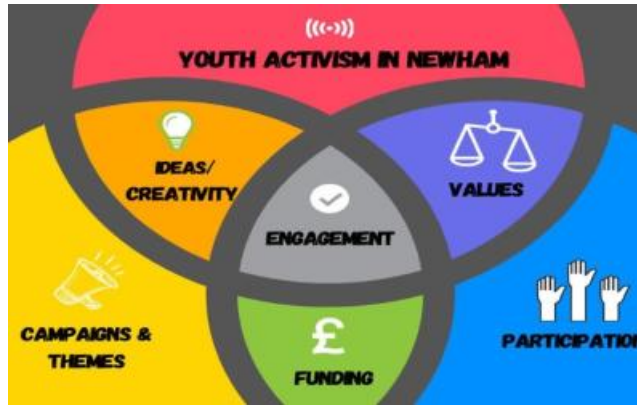
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Türkiye’de Kovid-19 Pandemi süreci blog

Bu yazı ile Kovid-19 pandemi döneminde psikolojik danışma alanında yılmazlık bakış açısı ile bir durum değerlendirmesi yapmayı hedefledik. [This blog (in Turkish) discusses family resilience as an example of systems approach and a way of strengthening communities in the current context of Covid-19.]

[read more](#)



Youth activism in Newham; reflections on a co-produced research project undertaken during a global health pandemic

In this blog Ishrat and Amanda share their reflections on taking part in co-produced research working alongside co-research teams in Blackpool, Cornwall, Newham and Brighton as part of the wider ‘Nothing About Us Without Us’ research project.

[read more](#)

The Economic Impact of Covid-19 on Young People

Youth Affairs APPG's Economic Impact Inquiry
Submission of Evidence

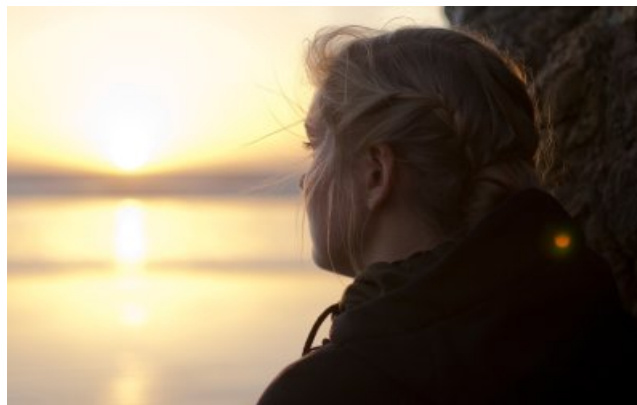
15 September 2020



The Economic Impact of Covid-19 on Young People – Submission of evidence

In this submission we outline and discuss the economic impact of Covid-19 on young people in Blackpool and provide recommendations for immediate and long-term interventions.

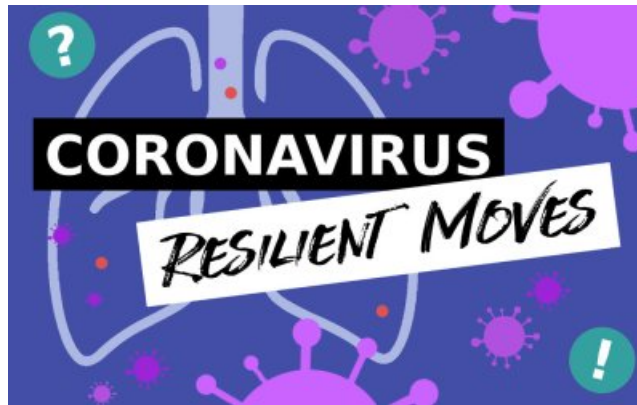
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Being a care leaver in the pandemic: Injustice within the system and opportunities for change

This blog is co-authored by Charlotte, 24 and Caitlin, 20 who teamed up with Nathan from the Resilience Revolution in Blackpool to share experiences and perspectives of being a care leaver in the pandemic.

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Top Tips for enhancing a resilient climate in school during the crisis

Schools and colleges need to create systems which are flexible and responsive to changing guidance and meet the need of everyone in the community. The crisis has demonstrated schools' central role in the community as well as the rich depth of education they provide including and beyond the curriculum.

[read more](#)



Children and Young People's Mental Health Inquiry – Submission of evidence

In this submission to The House of Lords a group of academics, students, practitioners, parents/carers and young people working as and with disadvantaged communities share their thoughts on whether progress has been made by Government in its ambition to improve children and young people's mental health provision.

[read more](#)



Disproportionate impact of COVID-19 on people with disabilities: Follow up

In a follow up to our previous submission, we draw on our collective organisational and personal experiences, relating them to policy and practices associated with COVID-19, disabilities and equalities more generally.

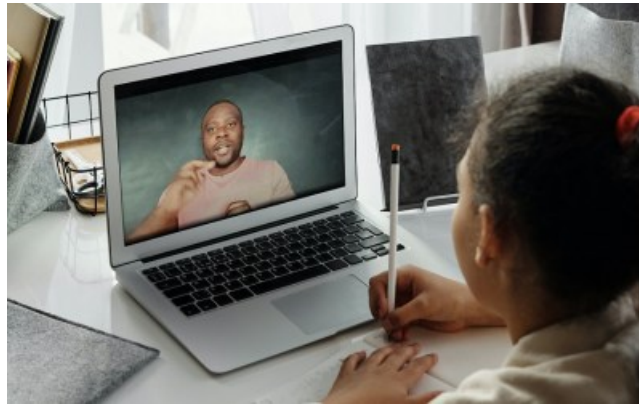
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Creative activism during a pandemic: Creating zines focused on changing the odds

Throw together Fashion Communication students, a CRSJ PhD student, youth and adult co-leaders from the Resilience Revolution in Blackpool, craft materials, social justice inspiring publications and.... oh yeah, a Global Pandemic, and what do you get?

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Achieving a resilient return to school during Covid-19 blog

Many of our readers will be thinking about how to ensure that children return to a resilient school environment this summer. A resilient climate in school comes from involvement of everyone in the community.

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[Older Entries](#)